

ETIQUETTES OF APPLYING KOHL (SURMAH)

You may also darken your eyes with seven sticks of kohl; four in your right eye and three in the left. While putting kohl, you may say the following supplication:

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِحَقِّ مُحَمَّدٍ وَآلِ مُحَمَّدٍ أَنْ تُصَلِّيَ عَلَيَّ
مُحَمَّدٍ وَآلِ مُحَمَّدٍ وَأَنْ تَجْعَلَ النُّورَ فِي بَصَرِي
وَالْبَصِيرَةَ فِي دِينِي وَالْيَقِينَ فِي قَلْبِي وَالْإِخْلَاصَ فِي عَمَلِي
وَالسَّلَامَةَ فِي نَفْسِي وَالسَّعَةَ فِي رِزْقِي وَالشُّكْرَ لَكَ أَبَدًا مَا
أَبْقَيْتَنِي إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ۔

It is highly advisable to avoid sleeping in the space of time between dawn (fajr) and sunrise and in the space of time between afternoon and sunset. If you intend to sleep, you should extinguish the lantern and direct yourself towards the kiblah direction. Avoid sleeping on fenceless roofs and avoid telling anyone about what you see in dream except sincere and kind experts.